



THE
PAMPER
LOUNGE **SPA.**

at Woodland Lakes Lodges

Massages & Body Treatments

Drift Away Massage

Back, Neck & Shoulder (25 mins) - £35 Full Body (50 mins) - £55

Wind down, ease tension & calm your mind with a relaxing swedish massage.

Rocks of the Mediterranean Massage

Back, Neck & Shoulder (25 mins) - £45 Full Body (50 mins) - £65

A glorious treatment using warm basalt lava stones to massage the body. Your muscles are soothed from the aura of warmth.

Indian Head Massage (25 mins) - £40

An ancient form of healing & relaxation to the upper back, neck, shoulders, face & scalp.

Leg & Foot Energiser (25 mins) - £35

Experience instant relief for tired, over-worked legs & feet with a massage that will leave your feet tingling.

Full Body Exfoliation (40 mins) - £48

A full body exfoliation to refresh & revitalise the body. After light body brushing to remove dry skin, a deep exfoliation is given to the body, before finishing with a moisture drenching oil. The skin is deeply exfoliated & moisturised. Your skin will be smooth, glowing & vibrant!

Luxury Massage Experience For Two (50 mins) - £120 for 2 people

The experience begins with a foot ritual using hot towels, followed by a deeply relaxing side by side full body massage... all whilst enjoying a heated eye mask in our duo treatment room.



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Facial Treatments

Prescriptive Dermalogica Facial (20 or 40 mins) - £35 / £50

A facial tailored to your skins exact needs whatever they may be. The facial is specifically customised for you.

Teen Dermalogica Facial (20 mins) - £35

This facial cleanses, hydrates & moisturises the teen skin, leaving it vibrant & fresh.

Deep Cleansing, Steamy, Extraction Facial (40 mins) - £55

Great for congested, greasy, sluggish skin that's in need of a deep cleanse! Steam & extraction tools are used to clear the skin.

Rose Quartz Facial (40 mins) - £50

Using real rose quartz, this beautiful facial helps soothe puffiness, improves blood circulation, improves skin elasticity & relieves facial tension.

Manicure & Pedicure Treatments

Shape & Gel Polish (Hands or Feet) - £25 With Gel Polish Removal - £35

Shape, buff, gel polish application & cuticle oil.

Luxury Spa Manicure - £34 With Gel Polish Removal - £44

Shape, buff, cuticles, nail buff & gel polish application finishing with exfoliation, a hydrating mask with heated mitts & a luxury hand & arm massage.

Luxury Spa Pedicure - £39 With Gel Polish Removal - £49

Foot soak, shape, cuticles, nail buff, hard skin sanding & gel polish application finishing with exfoliation, a hydrating foot mask with heated booties & a luxury foot & lower leg massage.



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Spa Experiences & Packages

Spa Party Package - £55 per person

Spoil yourself to a selection of luxurious mini treatments. Ideal for groups of 3 - 8 guests celebrating a special occasion such as a hen party or birthday celebration. Handpick your favourite treatments then lay back, relax & leave the rest to us... Choose any 2 treatments (20 mins each) - treatment options include:

- Sugar Back Scrub
- Indulgent Back Massage
- Zen Scalp Massage
- Hydrating Facial
- Hand & Arm Massage
- Leg & Foot Massage

Includes exclusive use of robes & spa slippers, whilst relaxing on a lounge or enjoy a refreshing dip in the elegant indoor pool to end your spa experience.

The Ultimate Spa Day (5 hrs) - £195

Enjoy some time away from it all... Our Ultimate Spa day includes everything you need for some well-deserved pampering:

- Drift Away Massage (50 mins)
- Rose Quartz Facial (40 mins)
- Afternoon Tea at the Olive Tree Cafe
- Luxury Spa Pedicure
- Luxury Spa Manicure
- Exclusive use of robe & spa slippers throughout your experience
- Relax on a lounge or enjoy a refreshing dip in the elegant indoor pool to end your spa experience.



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Spa Sampler Experience (50 mins) - £69

The perfect combination of our most popular treatments all rolled into 50 minutes of heaven. You will start with a back scrub followed by a back, neck & shoulder massage to relieve those achy muscles. You will then have a mini facial before totally zoning out with a beautiful scalp massage, hand & arm massage & a warm oil foot massage!

Spa Indulgence Package For Two (40 mins) - £99 for 2 people

This package is the perfect way to let troubles & stress melt away as you indulge in some well-earned pampering. Take a little time out with your partner, friend or family member! This spa experience includes a feel-good facial & an indulgent back, neck & shoulder massage each in our duo treatment room.

Yummy Mummy-to-be Spa Experience (90 mins) - £75

This is our specially designed spa package for expectant mums. Recommended after the first trimester only. This spa includes a luxury spa pedicure, a rose quartz facial & mini scalp massage.

Book a Treatment/Spa Experience:

Treatments can be booked online by scanning the QR code below,
you can contact the spa reception via email:

thespa@woodland-lakes.co.uk or call 01845 440032.

